



CPAP THERAPY SETUP

You will need a follow up appointment with the physician after your sleep study. During this appointment, the physician will discuss the results of any sleep studies you may have had and any treatment options that may be reasonable for you.

If the physician has determined that you would benefit from treatment with CPAP, he/she will write a prescription and the staff will help arrange for your CPAP therapy.

You may be able to get your CPAP machine and mask at your doctor's office the very same day of your follow up visit. The type of insurance you have will determine exactly where and how quickly you can get your new equipment. Some insurance companies and Medicare/Medicaid policies require pre-authorization for the equipment. This may take as little as a few days but could take several weeks.

If your doctor sends your prescription for CPAP therapy to a home healthcare company, it will take them 2-3 days to process your paperwork, after which they should give you a call to discuss obtaining the equipment and instruction on how to use it. If you have not heard from the home healthcare company in 4 business days, please contact the doctor's office so that we can make sure the orders were faxed over successfully or otherwise determine the time frame for your CPAP setup. Our number is 404 499 0533.

After you have been wearing your CPAP every night for approximately 4-6 weeks, you will need a follow-up appointment to monitor your progress, reassess your symptoms and make any changes if needed. If you do not already have a follow up appointment scheduled for 4-6 weeks from the time you receive your equipment, please call the office to schedule one.