



CPAP Mask Fitting and Consultation

Finding the best CPAP mask is sometimes difficult and frustrating.

The average CPAP user may try 2 or 3 different CPAP masks before deciding on what they would consider the best CPAP mask for them. Just because you had a bad experience with one particular CPAP mask does not mean you will have that same experience with another mask.

Please keep in mind that every one is different with unique facial structures. What fits for one person may not fit the next person.

There are different types of CPAP masks best suited for your differing needs. For example there are specific masks we would recommend if you suffer from claustrophobia, have a beard, are allergic to the silicone in most masks, if you want a mask you can quickly take off because you have to get up a lot in the middle of the night to use the bathroom or if you want a mask that you can wear your glasses with to read or watch TV.

Also, you can't believe every forum posting, blog or advertisement that you see on the internet. The internet is a wonderful resource but it is full of sites where non-professionals make recommendations and express their opinions. The reality is that not all CPAP masks work as good as the advertisements or other users say they do.

Our credentialed sleep technologists can consult with you in the office regarding your mask fit, humidity issues or any other problems or questions you may have about your equipment or CPAP therapy.